

Adam Knight
Head Coach Girls U16 OYSL L1
Club Keeper Coach
Club Technical Staff Coach

coachadam.hotspurs@gmail.com



Adam joined the Nepean Hotspurs Soccer Club in 2005 after spending his first 7 years of coaching with two other local soccer clubs. He has experience coaching at almost every level ranging from recreational soccer through to High School and from ages 4 through 18 on both the boys and girls side. He has also worked as the goalkeeper coach for the Ontario Soccer Association's R5 program.

Adam has amassed an unbelievable wealth of knowledge and experience through working with entry level toddlers at the U4/5 level, all levels of goalkeepers and has recently focused his energies on the girls side of Nepean Hotspurs Soccer. He has spent the last 6 years coaching in the Ontario Youth Soccer League (OYSL -Ontario's highest level of soccer), and for 3 consecutive years has been with the Nepean Hotspurs Lightning team who have been ranked as high as 3rd in the province (2009), won the silver medal in the 2010 Ontario Indoor Cup, and won gold medals at the prestigious NCI tournament for the past 2 consecutive years (2009 & 2010).

Adam is a current member of Nepean Hotspurs Technical Staff, but continues to work extensively with the U4/5 program, with a variety of teams in the Club's TOPGUN Program with the Club's most experienced goalkeepers in the STEP Program. His team assignments include preparing the GU17 Lightning team for a fourth straight year in the OYSL, as well as the training the GU14 team for their inaugural season in the Ontario Youth Soccer League.

Adam holds a National "B" license in Ontario.